



CONNECT YOUR EMPLOYEES TO BETTER HEALTH

Doctor consultations anytime, from
anywhere with Global Telehealth

Together, all the way.SM



When your employees don't feel well, they want to get better fast.

There are times when a visit to a doctor's office is difficult to manage. Now your employees can have convenient access to quality health care through Global Telehealth, a new service available with the Cigna Wellbeing™ app.

Global Telehealth gives your employees access to licensed doctors around the world for non-emergency health issues. They can simply arrange a telephone or video consultation from the Cigna Wellbeing app. Appointments are often scheduled for the same day.

WHAT CAN GLOBAL TELEHEALTH BE USED FOR?



Video or phone consultations with a licensed doctor.



Prescriptions or common health concerns, when medically necessary.



A diagnosis for non-emergency health issues and acute conditions.



Preparing for an upcoming consultation or hospitalisation.



Discussing a medication or treatment plan and potential side effects.

WHY IS GLOBAL TELEHEALTH SUCH A VALUABLE SERVICE?

- › **It's affordable.** It's an alternative to doctor office or clinic visits – with no deductibles or coinsurance payments.
- › **It's easy.** There's no need to leave the house or workplace.
- › **It's accessible around the clock.** That's 24/7/365 access to a top doctor, usually within 24 hours (time can fluctuate depending on language preference).
- › **It's flexible.** Users have mobile app access to real-time scheduling, so they can easily set up an appointment, at a time that works for them.

- › **It's multilingual.** Currently, video consultations are available in English and Spanish while telephonic consultations are available in English, Spanish, French, German, Portuguese, Mandarin Chinese, Japanese, Hindi and Arabic.



**CONNECTING YOUR
EMPLOYEES TO
BETTER HEALTH,
WHEREVER THEY GO.**

**Download the Cigna Wellbeing
app today!**



Cigna Wellbeing™ app

Your employees can easily take care of themselves, wherever they are. They'll have access to services and support to help them with every dimension of their health.

Cigna

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